# 2015 YEAR END REPORT VETERANS & PEACE RANCH

Equine assisted Psychotherapy: Hands On, Solution focused



'Often come stressed ... always leave with hope.'

## **2015 Program Results**

- 86% of Veterans showed overall improvement.
- 83% of Veterans report feeling calmer.
- 81% of Veterans report feeling more relaxed.
- 80% of Veterans report increased mental focus.
- 151 individual/group contacts May-December.

(Excludes additional 80 served @ life support events, parade & holiday events)



## **Unique Benefits of the Program**

After hours access for veterans

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Non-traditional, natural environment

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No pressure to verbally engage

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Plays to **veterans strengths:** problem solving, action oriented, hands on

'I have a purpose.'

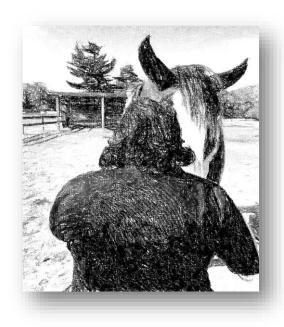
#### New in 2015:

- Additional Life Support Event: Educational/social event for Veterans with PTSD and their supports (families)
- Women's Retreat
- **Field Trip to Wuerfel Baseball Park:** Private tour for Veterans focused on reduction of anxiety in public settings. "First time I've been in a ball park since before the war"
- Cherry Festival Parade: Public outreach
- **Welcome Home video:** Educational video inspired by Werfel Park visit, documentary style sharing the ambivalence combat Veterans experience when people say "thank you for your service"

- Holiday Gathering: Well attended social which included demos introducing 2016 program
- Therapeutic Driving: New skills piloted in 2015 will take shape as part of 2016 programming
- Installation of Arena Shades-longer season for Veteran's program: EAVS 2016 began January 20th!

### **Recommendations for 2016:**

- Development of Additional Team to increase services provided
- Develop Additional Sites to Increase Access
- Develop Veteran's Hug-n-Groom Drop In
- Explore new funding sources which will insure the ongoing provision of services to Veterans



'I feel safe.'



'I belong.'

On behalf of PEACE Ranch, and your EAVS team, thank you for your investment in the Veterans, their families, our community and the ranch.

# 2015 EAVS Income & Expense

#### Income

Source	Committed
Veterans Administration	14000
*Sponsor4PEACE	7000
Exchange Club of TC	8000
Yagle Bros. Marine Corp League	600
Biederman Foundation	5000
Garmin Automotive	10000
Total	45600

<sup>\*</sup>Herd Sponsorship offsets program costs

#### **Expense**

Line Item	Itemized	Per Hour	Cost per week	x's 35 weeks	Total Cost
Facilitator	Mental Health	50	400	14000	14000
Facilitator	Equine Specialist	50	400	14000	14000
Horses & Equipment	per session	25	200	7000	7000
Materials & Facility	Includes Shade Installation \$3500	25	200	7000 3500	10500
Total		150	12000	x 35	45500

The success of Equine Assisted Veterans Services is the result of this collaborative effort. We are grateful for all who have joined in making these valuable therapy services available to those who have sacrificed so much for our freedom.